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# PRIDEHealth: An Update

## March 2016

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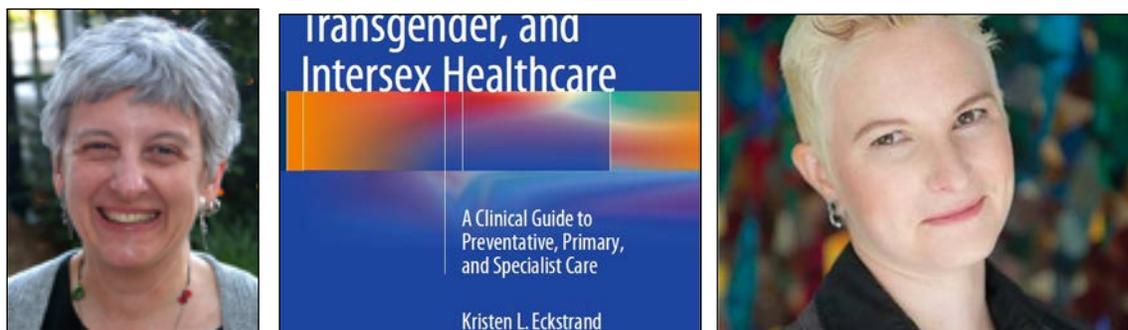
**Some Exciting News & Updates from members of PRIDEHealth**



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## Recent Professional Highlights

Dena Hofkosh, MD, MEd Associate Dean for Faculty Affairs at University of Pittsburgh School of Medicine leads the PrideHealth Initiative for the Pitt Med/UPMC community. Along with members of PrideHealth and the LGBT-PAM (Physician Allies in Medicine) medical students, we are working on developing new LGBT curriculum content for the medical school. We have also hosted a gathering of students, residents, fellows and faculty to explore the medical school climate for students who are LGBTQ. We detail below some of PRIDEHealth's most recent efforts.



**Dr. Dena Hofkosh (left) and Dr. Kristen Eckstrand (right)**

Kristen Eckstrand, MD, PhD, a PGY1 resident at Western Psychiatric Institute and Clinic of UPMC, co-edited the book *Lesbian, Gay, Bisexual, and Transgender Healthcare: A Clinical Guide to Preventive, Primary, and Specialist Care*, the 2<sup>nd</sup> text nationally to address LGBT health. This book contains content from national experts on LGBT health and serves as a guide for LGBT preventive and specialty medicine. Each chapter addresses individual medical specialties and interprofessional topics with specific learning objectives grounded in competency-based medical education. This text can be utilized within undergraduate medical education, residency training, and in medical practice across all specialties. The book is available online through Amazon or Springer.

## Curriculum Development

Dr. Jason Rosenstock, M.D., Director of Medical Education, and Christopher David, a third year medical student, have been working with each of the Course Directors for the first two preclinical years at Pitt Med to address how to best integrate and develop new LGBT curriculum content to equip the next generation of medical students with cutting edge knowledge and research to provide excellent medical care to LGBT patients.

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New small-group clinical cases and workshops are being developed for courses such as Behavioral Medicine and Genetics, which will explore topics related to sexual development, gender identity, and sexual orientation. More inclusive and diverse patient case history profiles will be integrated throughout courses of the first two years, including Anatomy, Neuroscience, and Physical Exam. New guidelines in pharmacology, such as Gardasil 9 and PreP prophylaxis, will be organized and highlighted in courses such as Microbiology and Immunology. Clinical care content ranging from epidemiology, risk factors, legal & decision-making, surrogacy care and more will now be addressed with increased emphasis in the Psychiatry, Ethics Law and Professionalism, and Behavioral Medicine courses. Finally, focus groups will be held with current students following some of these new course interventions to evaluate learning and content mastery.

## Recruitment and Outreach

### House Dinners

Recently, Dr. Hofkosh hosted a gathering of over 35 faculty, residents, and medical students to discuss the challenges facing individuals identifying as LGBT in medical school, on the residency interview trail, and during clinical training. Medical students were able to connect with residents and faculty mentors to help navigate through their application process as they continue their training. Future events will continue to address these, and other, important topics.

### Caduceus Pins



Interest from faculty and medical students in placing an order for their white coat has skyrocketed in recent years! Due to the generous support of the Student Executive Council (S.E.C. at Pitt Med), the Office of Student Affairs, and UPMC, 150 medical students will receive AMSA Rainbow Alliance Caduceus pins to place on their white coat and demonstrate a safe space for LGBTQ patients in the clinic. Faculty members may order these pins : if you are interested, please email [pridehealthpgh@gmail.com](mailto:pridehealthpgh@gmail.com).

### Recruitment & Admissions

Current discussions with Chenits Pettigrew, PhD, Assistant Dean for Student Affairs & Director of Diversity Programs, are in place to help better identify applying students who would like more information on the LGBTQ-PAM activities and diversity programs at Pitt

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Med for future admissions cycles. We are working on a way to allow applicants to indicate interest in the LGBTQ community and climate at Pitt and to be paired with an LGBT-PAM student member host during their campus visit at Second Look in Spring.

### Second Look Meet & Greet at 5801

Applicants to Pitt Medical School who are returning for a Second Look will have an opportunity to join a Happy Hour with Pitt Med LGBTQ-PAM students and members of PrideHealth. MS1 medical students Devin Rogers and Lloyd Harvey are coordinating this meet and greet for admitted Pitt Med applicants on April 15th, 2016, at 5801 video lounge in Shadyside from 6:30pm - 8:30pm. Please RSVP at <http://goo.gl/forms/DTAHRJuUBp>. UPMC residents, fellows, Pitt Med students and faculty are all welcome to attend! Please contact Devin Rogers at [der65@pitt.edu](mailto:der65@pitt.edu) with any questions. We look forward to seeing you!

**Stay tuned for more exciting events from LGBT-PAM and PRIDEHealth in upcoming months!**