



Conference:
Professional Track
Sept 17, 2016
8:30 am – 5:30 pm

Persad Center
5301 Butler Street, Suite 100
Pittsburgh, PA 15201

Sponsored by the Center for Adolescent and Young Adult Health at Children's Hospital of Pittsburgh, the University of Pittsburgh School of Medicine Center for Continuing Education in the Health Sciences, TransPride Pgh, the Persad Center, and the Delta Foundation

Program overview

This conference will educate medical and behavioral health professionals on Transgender-related issues.

Learning objectives

1. *Recognize the medical management of transgender individuals, which will include pubertal blockers, cross-sex hormones, and surgical options.*

2. *Demonstrate cultural competency for transgender and gender expansive youth, such as using the correct terminology, understanding the concepts of gender, and making the clinic a safe and welcoming space.*
3. *Recognize systematic barriers to obtaining health care services for transgender and gender expansive youth and apply skills to navigate the health care system for this vulnerable population.*

Target Audience

Medical and behavioral health professionals

Faculty

Martin Seltman, MD

Adjunct Assistant Clinical Professor,
University of Pittsburgh School of Medicine
Metro Community Health Center

Lori Fell, LCSW

Persad Center

Naomi Greenberg, LCSW

Private Practitioner

Dana Rofey, PhD

Assistant Professor of Pediatrics, University
of Pittsburgh School of Medicine

Michael P. Marshal, PhD

Associate Professor of Psychiatry,
University of Pittsburgh School of Medicine

Donette Svidron, CRNP, MSN

Psychiatric Nurse Practitioner, Allegheny
Health Network

Andi Pilecki, MS, LPC

Private Practitioner

Joanne Goodall, CRNP (course director)

Nurse Practitioner, UPMC

Gerald T. Montano, DO, MS (course
director), Clinical Instructor of Pediatrics,
University of Pittsburgh School of Medicine

Selma Witchel, MD

Professor of Pediatrics, University of
Pittsburgh School of Medicine

Jesse Gordon, DO

Family Physician

Metro Community Health Center

Frances Southwick, DO

Family Physician, UPMC Shadyside

Kristen Eckstrand, MD, PhD

Psychiatry Resident, WPIC

Steven Wolfe, DO, MPH

Assistant Dean, Allegheny Health Network
Clinical Professor, LECOM

Gary Sadler, MSW, MPH (course director)

Transition Care Coordinator, UPMC

Conference Schedule at a Glance:

Joint Session

9:00 – 9:50 a

**Putting the 'T' in LGBT
in Pittsburgh: A History
of Transcare in the
'Burg**

[Martin Seltman, MD](#)

Conference Schedule at a Glance: Behavioral Track

10:00 – 10:50 a

**Overview of Persad
Services**

[Lori Fell, LCSW](#)

11:00 – 11:50 a

**Double Rainbow:
Supporting Youth on
both the Autism and
Gender Spectrums**

[Naomi Greenberg, LCSW](#)

12:00 - 1:00 p **Lunch**

1:10 – 2:00 p **Weight Concerns in Youth Who Identify as Trans**
Dana Rofey, PhD

2:10 – 3:00 p **What We Know and What We Don't Know About the Mental Health of Transgender Youth (TGY): A Review of the Literature**
Michael Marshal, PhD

3:10 – 4:00 p **The Transgender Client: An Approach to Behavioral Health Assessment, Monitoring, and Collaboration with the Medical Team**
Donette Svidron, CRNP, MSN

4:10 – 5:00 p **Trans Speaker Panel**
Moderator:
Andi Pilecki, MS, LPC

11:00 – 11:50 a **Trans Health and Trauma**
Frances Southwick, DO
Kristen Eckstrand, MD, PhD

12:00 - 1:00 p **Lunch**

1:10 – 2:00 p **Sex Steroids and Gender Identity—the Endocrinologist's Perspective**
Selma Witchel, MD

2:10 – 3:00 p **The Journey Begins: the Initial Medical Care for Sex Reassignment**
Gerald Montano, DO, MS

3:10 – 4:00 p **The Medically Complex Trans Patient**
Jesse Gordon, DO

4:10 - 5:00 p **Transcare and Comorbidities**
Steven Wolfe, DO, MPH

The University of Pittsburgh School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The University of Pittsburgh School of Medicine designates this live activity for a maximum of 6.25 *AMA PRA Category 1 Credit(s)*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Other health care professionals are awarded 0.6 continuing education units (CEU's) which are equal to 6.2 contact hours.

Participation by all individuals is encouraged. Advance notification of any special needs will help us provide better service. Please notify us of your needs at least two weeks in advance of the program by calling Lyndsey Sickler at LSickler@persadcenter.org

All individuals in a position to control the content of this education activity are required to disclose all relevant financial relationships with any proprietary entity producing, marketing, re-selling, or distributing health care goods or services, used on, or consumed by, patients.

The University of Pittsburgh is an affirmative action, equal opportunity institution. For more information, please see [the University of Pittsburgh's Nondiscrimination, Equal Opportunity, and Affirmative Action Policy](#)

**Conference Schedule at a Glance:
Medical Track**

10:00 – 10:50 a **Transcare 101: Making the Clinic a Welcoming and Safe Space**
Joanne Goodall, CRNP

Behavioral and Medical Tracks

5:00 – 5:30 p **Final Wrap Up and Evaluations**

5:30 p **Adjournment**

Instructions to register

To register: [click here](#)

To pay: [click here](#)