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K.L. Eckstrand, J.E. Potter (Eds.)

Trauma, Resilience, and Health Promotion in LGBT Patients

What Every Healthcare Provider Should Know

- ▶ **First book for healthcare providers on resilience and trauma in LGBT people**
- ▶ **Best clinical practices highlighted in case scenarios**
- ▶ **Strategies for supporting resilience in LGBT patients during the clinical encounter, including history-taking and the physical exam**
- ▶ **Contributions from leading LGBT experts in internal medicine, family medicine, public health, behavioral medicine, counseling psychology, and social work**
- ▶ **Excellent companion to Eckstrand & Ehrenfeld, eds., *Lesbian, Gay, Bisexual, Transgender, and Intersex Healthcare: A Clinical Guide to Primary and Specialist Care* (Springer 2016).**

This book has two goals: to educate healthcare professionals about the effect of identity-based adversity on the health of their LGBT patients, and to outline how providers can use the clinical encounter to promote LGBT patients' resilience in the face of adversity and thereby facilitate recovery.

Toward this end, it addresses trauma in LGBT populations; factors that contribute to resilience both across the lifespan and in specific groups; and strategies for promoting resilience in clinical practice. Each chapter includes a case scenario with discussion questions and practice points that highlight critical clinical best practices.

The editors and contributors are respected experts on the health of LGBT people, and the book will be a "first of its kind" resource for all clinicians who wish to become better educated about, and provide high quality healthcare to, their LGBT patients.



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